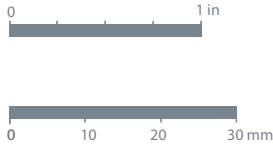


HOW TO DETERMINE YOUR RING SIZE

CONFIRM PRINTED PAPER SIZE



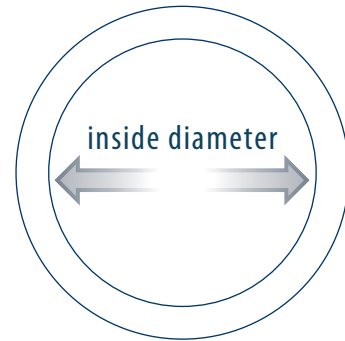
1. **Ring measurements are very precise.** Carefully follow these instructions to obtain an accurate measurement.
2. **Prior to printing,** ensure that Page Scaling is set to "None" on your print dialog box. (To open the print dialog box, press CTRL+P.)
3. **Measure the bar on the left.** It must be exactly 1 inch or 30 mm long. Alternately, place a C\$1 coin where indicated. The coin should fit completely over the image so that all lines are covered, without the coin hanging over any edges.

MEASURE CURRENT RING

1. Select a ring that properly fits the intended finger.

Engagement and wedding rings are traditionally worn on the ring finger on the left hand in Canada.

2. Place the ring over the circles below, matching the inside edge of the ring to the circle nearest in size. This measurement refers to the inside *diameter* of the ring.



MEASUREMENTS MATCH THE INSIDE EDGE OF THE RING

3. If the ring falls between two sizes, order the larger size.



INTERNATIONAL RING SIZE CHART

Circumference (mm)	Diameter (mm)	UK, Europe, & Australia	United States & Canada	CN/SG/JP	HK	Switzerland
44.2	14.1	F	3	4	6	4
44.8	14.3	F½		5		5¼
45.5	14.5	G	3½		7.5	
46.1	14.7	G½		6		6½
46.8	14.9	H	4	7	9	
47.4	15.1	H½				7¾
48.0	15.3	I	4½	8	10	
48.7	15.5	J				9
49.3	15.7	J½	5	9	11	
50.0	15.9	K				10
50.6	16.1	K½	5½	10	12	
51.2	16.3	L				11¾
51.9	16.5	L½	6	11	13	12¾
52.5	16.7	M		12		
53.1	16.9	M½	6½	13	14.5	14
53.8	17.1	N				
54.4	17.3	N½	7	14	16	15¼
55.1	17.5	O				
55.7	17.7	O½	7½	15	17	16½
56.3	17.9	P				
57.0	18.1	P½	8	16		17¾
57.2	18.2				18	
57.6	18.3	Q				
58.3	18.5	Q½	8½	17	19	
58.9	18.8	R				19
59.5	19.0	R½	9	18	20.5	
60.2	19.2	S				20¼
60.8	19.4	S½	9½	19	22	
61.4	19.6	T				21½
62.1	19.8	T½	10	20	23	
62.7	20.0	U		21		
63.4	20.2	U½	10½	22	24	22¾
64.0	20.4	V				
64.6	20.6	V½	11	23	25	
65.3	20.8	W				25
65.9	21.0	W½	11½	24	26	
66.6	21.2	X				
67.2	21.4	X½	12	25	27.75	27½
67.8	21.6	Y				
68.5	21.8	Z	12½	26		28¾
69.1	22.0	Z½				
69.7	22.2		13	27	30	
70.4	22.4	Z+1				
71.0	22.6		13½			

